

A POWERFUL NEW TOOL IN THE FIGHT TO STOP BULLYING

By Dr. Kimberly Mason

Bullying among children today is a prevalent issue that can lead to tragic results. No parent wants to learn his or her child is involved in this type of behavior, but sadly, in the most heartbreaking cases of bullying, many parents never realized the extent of the problem.

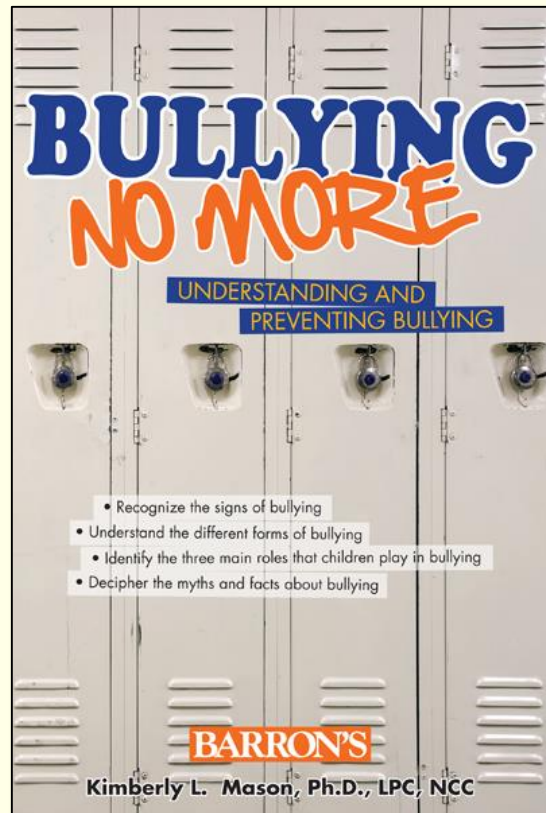
Despite the attention given to bullying in the media today, there has been little that covers response methods other than punishment tactics, which don't usually work. In *Bullying No More*, Dr. Kimberly L. Mason offers parents an arsenal of techniques that focus on changing behavior by repairing relationships over assigning blame and dispensing punishment. Here, parents will get a road map to help them:

- Recognize the signs of bullying
- Understand the different forms of bullying
- Identify the three main roles that children play in bullying (the bully, the bullied, and the bystander)
- Decipher the myths and facts about bullying
- Discover effective intervention and prevention strategies

Parents will also learn to identify their parenting style and their children's response style so they can communicate better. This timely book will be an invaluable resource for parents who want to intervene, advocate, and protect their children from the harmful effects of bullying.

About the Author:

Dr. Kimberly L. Mason is a licensed professional counselor who has worked with youths and their families, schools, police officers, and the surrounding community on issues of bullying prevention.



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